

Lock Haven University
Health & Physical Education Department

Bachelor of Science
P. E. and Sport in Correctional Settings Track Requirements

For Students entering LHU Fall 2016

Intellectual Foundation	9 sh
Written Communication (WC)	3 sh
ENGL 100: Composition	
WC Competency 1	
WC Competency 2	
Oral Communication	3 sh
HPED 115	
Mathematical and Computational Thinking (MCT)	3 sh
MATH 101 or higher (C- or above)	
Critical Thinking (CT)	
CT Competency 1	
CT Competency 2	

Knowledge and Inquiry	21 sh
Natural Science Inquiry (NS)	6 sh
HLTH 122 Essentials of A & P NS (lab)	3
	3
Historical, Behavioral, and Social Science Inquiry	6 sh
PSYC 100 Intro to Psychology	3
SOCI 101 Intro to Sociology	3
Philosophical, Literary, and Aesthetic Inquiry (PLA)	9 sh
Philosophy OR Literature	3
Visual OR Performing Arts	3
	3

Personal and Social Responsibility	12 sh
Global Awareness and Citizenship (GAC)	9 sh
(One course must meet the historical foundation competency)	
Wellness (WEL)	3 sh
HPED 140 Wellness for Life	3
Experiential Learning (EL) (2 units)	
EL Competency 1	
EL Competency 2	

Electives (16 sh) (6 hours must be 300 level or higher)	16 sh

First Year Student Seminar	2 sh
◆HPED 102 Foundations of P.E.	2

Required Physical Education Core (HPED/HLTH)	33 sh
A Swimming Course	
HPED 134 or 225 or 234 or 222 (select 1) EWS, LGT, WSI, LGI	1
HPED 016 Strength Training	1
HPED 125 Teaching Invasion Sports II	3
HPED 130 Teaching Net Sports	3
*HPED 214 Teaching Lifetime Activities	2
*HPED 255 Teaching Fitness in K-12 Schools	3
*RECR 315 Program Planning and Design	3
*RECR 302 Supervision of Strength Training Programs	3
*HPED 352 Kinesiology	2
*HPED 450 Physical Education Professional Field Experience	12
• Current CPR/First Aid Certification	N.A.

Required Criminal Justice Core	15 sh
CRJS 102 Introduction to Criminal Justice	3
CRJS 205 Drug Abuse OR PSYC 322 Drugs and Human Behavior OR HLTH 320 Drug Education	3
*CRJS 301 Juvenile Justice	3
*CRJS 305 Corrections	3
*CRJS 320 Topics in Criminal Justice	3

Support Core (choose 9 sh below)	9 sh
*HLTH 325 Death Education	3
*HLTH 470 Sex Education	3
*RECR 204 Foundations of Therapeutic Recreation	3
*RECR 365 Therapeutic Recreation Methods & Techniques	3
*RECR 415 Organization & Management of Recreation Agencies	3
*CRJS 215 American Gangs: History, Identification & Interdiction	3
*CRJS 302 Criminology	3
*SOCI 203 Social Problems	3
*SOCI 205 Racial & Ethnic Relations	3
*SOCI 300 Sociology of Deviance	3
*HPED 3xx Techniques of Coaching (1-3 sh)	(1-3)
*PHIL 102 Ethics	3
*PSYC 212 Forensic Psychology	3
*PSYC 250 Social Psychology	3
*PSYC 307 Abnormal Psychology	3

◆HPED102: Foundations of Physical Education meets First Year Seminar requirement
*Advanced Level Courses
Total credit hours = 120