

Lock Haven University
Recreation Management Department
Bachelor of Science
Recreation Management – Therapeutic Recreation

Effective: Fall 2017

	SH	Sem
Intellectual Foundation	9	
Written Communication	3	
ENGL100: Composition		
WC Competency 1		
WC Competency 2		
Oral Communication	3	
Mathematical and Computational Thinking	3	
Critical Thinking		
CT Competency 1		
CT Competency 2		

	SH	Sem
Knowledge and Inquiry	21	
Natural Science Inquiry	6	
Lab Science		
Historical, Behavioral, and Social Science Inquiry	6	
PSYC100		
Philosophical, Literary, and Aesthetic Inquiry	9	

	SH	Sem
Personal and Social Responsibility	12	
Global Awareness and Citizenship	9	
GAC-Historical		
Wellness	3	
RECR105: Leisure, Wellness and Personal Lifestyle	3	
Experiential Learning		
EL Competency 1 – RECR210		
EL Competency 2 – RECR425		

	SH	Sem
Electives	18	

	SH	Sem
First Year Student Seminar	1	
RECR119: First Year Student Seminar	1	

	SH	Sem
Major Area Core Courses	59	
RECR110: Introduction to Recreation/Leisure	3	
RECR244: Recreation Leadership	3	
#RECR275: Inclusive Recreation and TR	3	
#RECR315: Program Planning and Design	3	
#RECR330: Marketing Recreation Services	3	
Professional Semester Courses		
#RECR304: Finance and Acquisition	3	
#RECR410: Current Issues	3	
#RECR415: Organization and Management	3	
#RECR430: Assessment, Evaluation and Research	3	
Field Experiences		
RECR210: Field Participation in RECR	3	
#RECR 425: Professional Field Experience	14	
Track Specific Courses		
RECR204: Foundations of TR	3	
#RECR364: TR Assessment and Documentation	3	
#RECR365: TR Methods and Techniques	3	
#RECR402: Leisure Education -TR	3	
Required Cognate Courses		
HLTH122: Essentials of Anatomy and Physiology	3	
Courses required for NCTRC Exam Eligibility		
#PSYC240: Life Span Development	3	
#PSYC307: Abnormal Psychology	3	
*One additional TR course	3	
*In addition to PSYC240 and PSYC307, must complete one additional TR course to sit for the NCTRC exam.		
High Suggested Electives		
PSYC315: Health Psychology	3	
PSYC330: Adult Development and Aging	3	
RECR203: Team Building/Challenge Course	3	
SPEC310: Manual Communication and Signing	3	
HLTH200: Introduction to Disease	3	
HLTH332: Psych Aspects of Injury & Illness	3	
#denotes upper-level course content		

**Lock Haven University
Recreation Management Department
Therapeutic Recreation Track
Suggested Course Sequence**

Fall Freshman (example)

RECR119: First Year Student Seminar (1)
RECR105: Leisure, Wellness and Personal Lifestyle (3 – WEL)
RECR110: Introduction to Recreation (3)
PSYC100: Introduction to Psychological Sciences(3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)

Credit Total: 16

Fall Sophomore (example)

RECR275: Inclusive Recreation and TR (3)
RECR364: Assessment & Documentation TR (3)
RECR365: Methods & Techniques TR (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)

Credit Total: 15

Fall Junior (example)

RECR330: Marketing Recreation Services (3)
RECR402: Leisure Education TR (3)
PSYC307: Abnormal Psychology (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)

Credit Total: 15

Fall Senior –Professional Semester

RECR304: Finance and Acquisition (3)
RECR410: Issues (3)
RECR415: O & M (3)
RECR430: Evaluation and Research (3)

Credit Total: 12

Spring Freshman (example)

RECR204: Foundations of TR (3)
RECR244: Recreation Leadership (3)
HLTH122: Essentials of Anatomy and Physiology (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)

Credit Total: 15

Spring Sophomore(example)

RECR315: Program Planning (3)
PSYC240: Lifespan Development (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)
RECR210: Field Experience (3) (summer only)

Credit Total: 15 + 3 = 18

Spring Junior (example)

Recommended Elective: (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)
Elective/Gen Ed: (3)

Credit Total: 15

Spring Senior (example)

RECR425: Professional Field Experience (14*)
*Must take a 14 credit field experience to meet NCTRC requirements.

Credit Total: 14