

LHU Mental Health Resource Sheet

LHU Counseling Center: Located on the 1st floor of Ulmer Hall

Faculty: Dr. Lynn A. Bruner, Ph.D., Licensed Psychologist, Interim Director of Counseling Center (570) 484-2450, lbruner@lockhaven.edu
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Students who are interested in counseling services should call the Counseling Services Office at (570) 484-2479 to schedule an appointment. Counseling Services are offered Monday through Friday from 8:00 am-4:00 pm, or by special appointment. Online: <http://www.lockhaven.edu/academicstudentsupport/counseling/>

For mental health emergencies if Counseling Service faculty are not available, call 911 or the Lycoming/Clinton County MH/ID 24-hour Crisis Intervention Services at (570) 748-2262.

If you would like to explore off-campus options, but face financial limitations...

The Lycoming-Clinton Joinder's Assessment Unit will provide or connect you with appropriate services through a free assessment by a qualified professional. Fees for treatment are based on income & the individual or family is aware of all costs up front. However, all services can be arranged regardless of an individual's ability to pay. Online: www.joinder.org/mentalhealth.htm

Clinton County location: 8 North Grove St., Lock Haven, PA [(570) 748-2262]
Lycoming County location: 200 East St., Williamsport, PA [(570) 326-7895]

If you are looking to go directly to an off-campus counselor or therapist....

A Place for Change
216 Main Street
Mill Hall, PA 17745
570-295-2581

Before & After Counseling
320 W. Central Ave
Avis, PA 17721
(570) 502-5989

Community Services Group, Inc.
7930 Nittany Valley Drive
Mill Hall, PA 17751
877-907-7970

Crossroads Counseling, Inc.
8 North Grove Street Suite 4
Lock Haven, PA 17745
570-893-1886

Chances and Changes
207 North Vesper Street
Lock Haven, PA 17745
570-748-6475

Keystone Counseling
120 South Highland Street
Lock Haven, PA 17745
570-748-7173

If you're looking for a support group or want to engage in mental health advocacy...

The National Alliance on Mental Illness (NAMI), Lycoming/Clinton chapter, assists & supports recovery of people with mental illness & their families in Lycoming/Clinton counties. They advocate, educate & fight stigma. Join them on the 3rd Monday of each month at 6:30 pm at Ross Library-3rd floor, 232 W. Main Street, Lock Haven, PA 17745, or the 2nd Tuesday of each month at 6:30 pm at Robert M. Sides Music Center, located at 201 Mulberry Street in Williamsport, PA. Online: [facebook.com/NAMINorthCentralPA](https://www.facebook.com/NAMINorthCentralPA)